

Name: Morgan
Year: Sophomore, Class of 2020

How many official visits did you take?

- 3

What were the most important features of the college you chose, such as division, conference, coaches, teammates, majors, minors, etc.?

- I liked how the team interacted with one another and how inclusive/welcoming they are. I also really liked that I came in as one of the faster swimmers so I had lots of opportunities to score points and make an impact right off the bat. I also liked how our health sciences programs are ranked very highly, which is what I am going into.

What were some important things you learned from your visits?

- Every team is different and that college swimming isn't necessarily as intense as year-round swimming. There is a lot more focus on getting stronger in the weight room while maintaining your strength in the pool as opposed to just doing a lot of garbage yardage in the pool.

How important was academic major in your choice of school?

- Exercise and Movement Science; pretty important, I really liked how the college of Nursing and Health Sciences was like a community within the school since it's the smallest college on campus and also the hardest to get into. A lot of our focus within my major is on alternative medicine and being healthy, which has always been extremely interesting to me as an athlete.

Did the size of the school factor into your decision?

- Yeah, I wanted a happy medium between a large state school but also a smaller liberal arts college.

When did you begin researching college swim programs?

- Freshman year

What advice would you give to rising seniors with regard to recruiting?

- Picking a college is important, but remember to live in the moment and enjoy your time in high school with your friends while you can. I know it's super stressful and easier said than done, but the future can wait so don't spend all of your time worrying about it. Right now, you're a senior in high school so don't hold back and just have fun.