

College Swimming Guide NCAA Rules – Calendar Snapshot (5/16)

[\(More detailed summary of NCAA rules here\)](#)

Dead Periods: Dates vary each year but immediately precede the date for signing a National Letter of Intent in November and April. Dead periods mean no face-to-face contact with swimmers, but coaches may write and telephone swimmers.

ALL: Unofficial visits can occur anytime for any age swimmer but contact with coach has to be spontaneous; questionnaires, campus info, NCAA materials & non-athletic publications can be sent.

DIV 1: Swimmers can always e-mail a coach, but they cannot always respond (see calendar for when they can).

DIV III: Coaches can always e-mail and reply to e-mails.

DIV III: Off-campus contact is allowed for rising **JUNIORS**.

Div III: Official visits start for **JUNIORS** January 1

NAIA: Calls, emails & visits between swimmers and coaches can occur any time.

NJCAA: Official visits can occur once the swimmer is a rising **SENIOR**.

June						
S	M	T	W	Th	F	S
			1			
5						
12	Div II: After June 15, coaches can e-mail and reply to emails, and off-campus contact can occur for rising JUNIORS . Official visits can begin for rising SENIORS .					
19						
26						

August						
S	M	T	W	Th	F	S
	1					
7						
14						
21						
28						

July						
S	M	T	W	Th	F	S
					1	
3	Div 1: Coaches can call rising SENIORS once a week, make off-campus contact and <i>schedule</i> official visits as of July 1.					
10						
17						
24						
31						

September						
S	M	T	W	Th	F	S
				1		
4	Div I: Official visits can begin for JUNIORS on September 1 of junior year.					
11						
18	Div I: Coaches can email and reply to emails from JUNIORS and can talk to them if they are visiting campus as of Sept 1.					
25						